

UPDATED DROP-OFF LOCATION:

Please drop off finished masks at Olmsted Medical Center, Marketing and Foundation Offices, 102 Elton Hills Drive, Rochester, MN, between 8 AM and 12 PM, Monday through Friday. If you cannot drop off during these hours, please email kowens@olmmed.org to make other arrangements. Our staff will maintain social distancing in receiving your donation. Thank you for your understanding.

Supplies:

- Two pieces of fabric:
 - 100% tightly woven (various prints and colors). Cut 9x6 (adult) or 7.5 x 5 (child)
- Two 7-inch pieces of elastic:
 - 1/4" flat elastic is preferred (can use 1/8, 3/8). If using rope elastic, be sure to tie knots in the ends for more secure fit.
 - (*see step #1 for instructions on using ties if elastic is unavailable)

When possible, please prewash all fabric on hot and dry on high heat. This step is to ensure pre-shrinkage. Area providers will sanitize the masks.

STEPS:

Pin the unfinished ends of the two pieces of fabric right sides together, anchoring the ends of the elastic in the corners of the fabric on the short sides.

Please note: if you are using cord elastic, be sure to knot it on both ends so that it securely attaches when sewn. Leave a 2-inch opening on one long side.

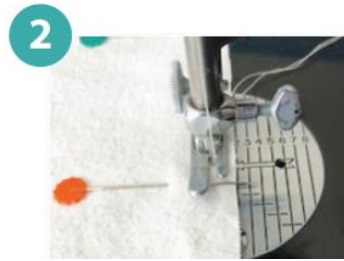
Using Cotton Ties (if elastic is unavailable):

If elastic is not available, you can use four fabric ties (each with finished dimensions of 18 inches long and 1/4-1/2 inches wide). You can use cotton twill tape or make your own fabric ties. To make a fabric tie, cut a strip of 100% cotton 1 to 1-1/2 inches wide, and 18 inches long. Iron down 1/2 inch on one end, then iron the fabric strip in half the long way. Next, open the fold and iron both long edges to meet in the middle.



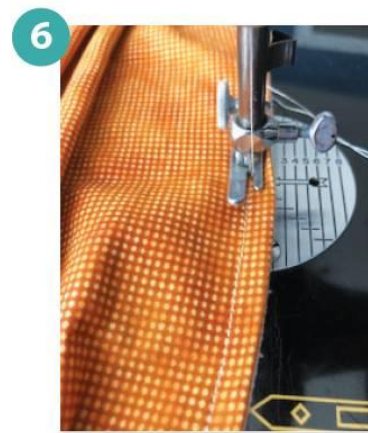
Iron the two long sides together. Sew across the end and down the long edge. Pin the unfinished ends of the ties in each corner between the two pieces of fabric, about 1/2 inch away from, and parallel to the long edge of the fabric. Keep the remaining length of the ties away from the edges of the fabric so they don't get caught in the stitching that happens in the next step.

Sew around the mask using a 1/4" seam allowance, leaving a 2" space open on one long side for turning.



Turn the mask right side out. Iron flat, pressing the seam allowances from the 2-inch opening to the inside. Pin the opening closed.

Make 2-3 small pleats (folds) across the length of the mask. Make sure they are all going in the same direction. Pin each pleat on both sides.



Sew all the way around the mask again, right on top of the previous stitching.

Sew all the way around the mask using a 1/4 seam allowance.

